



SERENITY Now

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Photo by Tim Buxton

Botox Night

Dr. Seth Kates will be providing a special
Botox Night for our valued clients!

**Tuesday, January 15th, from
6:00-9:00 p.m.**

Consultations are always free!

Please call 978-649-0970 to schedule your
appointment.



*“Wishing everyone a happy
and healthy New Year
full of Serenity”*

HANDS & FEET

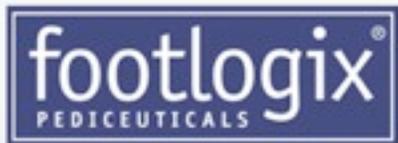
Product Spotlight...

Footlogix Mousse

During the winter months, our skin can often become dry and cracked, including on our feet! This can be prevented by keeping the skin hydrated and healthy!



Footlogix Mousse helps to restore the health of the skin, resulting in stronger skin and hydrated feet and nails!



Where Medi meets Pedi™

This month, take
20% off all
Footlogix Products!

Monthly Specials

Relax, Rebalance, and Celebrate with our **Seasonal Pedicure!**

Includes a Champagne Toast!
\$65.00

Did You Know?

All nail & pedicure services are sold in a series
Buy 5, get 6th FREE!

Don't let your hands give away your age!

Get rid of age spots with our **Cryoclear Hand Treatment!** Purchase a treatment and receive **50% off** our Jan Marini hand cream to accelerate your results!
\$60 per treatment

Employee Spotlight: Jacqui Quinton

Meet Jacqui!

Jacqui has been a Master Nail Tech in the industry for 25 years! Graduating from the Blaine Hair Academy's Nail Tech Certificate

Program, she is a certified Master in Acrylics. She is also Footlogix certified.

Jacqui enjoys making her clients feel at home while they are in her chair. It is her main goal to make sure each and every client feels their best!



HAIR SPECIALS

Product Spotlight

Eleven Miracle Hair Treatment



Suited to all hair types, this lightweight leave-in treatment delivers ELEVEN benefits your hair will LOVE.

This unique all-in-one MIRACLE HAIR TREATMENT works to:

1. Add shine, smoothness and softness
2. Control frizz and flyaways
3. Moisturize
4. Strengthen fragile hair
5. Prevent split ends
6. Detangle and create manageability
7. Protect against heat styling
8. Enhance natural body
9. Repair dry damaged hair
10. Protect hair color with UVA and UVB filters
11. Prevent chlorine and sun damage

20% off this month!

Monthly Specials

The cold winter months means we are turning up the heat! This leads to dryer air and static, which can wreak havoc on our hair!

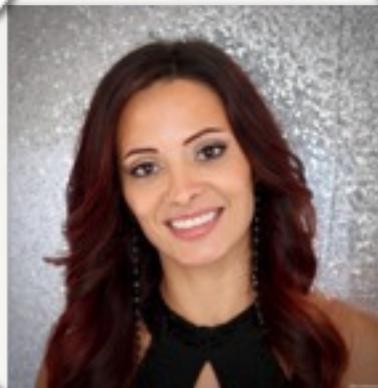
This month, we are offering a **Clear Shine Treatment**, which will help restore moisture and repair hair for shinier, healthier locks!

\$20 (reg. \$30)

Just in! We now carry **Kenra Hairspray** in three different holds (soft, medium, and strong), in addition to a **Kenra Aerosol Thermal Spray** for heat styling protection!

Employee Spotlight: Cindy Brasil

Meet Cindy! Cindy's career began in 1999 as a Blaine Beauty Career School graduate. She stays current with both hair and fashion trends to give her clients the most cutting-edge styles.



She updates her skills through continuous education and has attended advanced training through many of today's top beauty industry trendsetters. Her goal is to make every client feel great about how they look and to teach them how to recreate and maintain that look at home!

SKIN SPECIALS

Product Spotlight...

Jan Marini Age Intervention Cream



**Just like our bodies,
our *Skin* needs more
protection during the
harsh winter.**

Lightweight products may not be enough to battle the cold outside and the dry indoors.

Switch to products like the **Jan Marini Age Intervention Cream** for more hydration.

***Enjoy Jan Marini Age Intervention Cream
for 20% off this month!***

Monthly Specials

Combat Cold, Dry Feet

Wrap those chilled feet with warm booties for only **\$10** with any specialty facial this month!

Product Trade In

Does your New Year's resolution include better skin care?

Bring in your drugstore products and receive a discount on professional skincare products!

Take **\$5 off cleansers** and **\$10 off all serums and moisturizers!**

Must bring your old products in for this promotion. Limit 2 products per person.

Employee Spotlight: Holly Gonsalves

Meet Holly! Holly has been with the Serenity team for 17 years. Her passions have expanded over the years, starting as a nail tech and gradually including esthetics to her spa resume. Holly offers a variety of skin care services, as well as laser treatments. Though some of her favorite treatments include dermaplaning, chemical peels, microdermabrasion, and microneedling, her ultimate goal is client relaxation.



Instagram: @hollywoodskyn

This month during any microdermabrasion facial, Holly is including an extra bonus mask catering to each client's specific needs.

MAKEUP SPECIALS

Product Spotlight...

Jane Iredale Longest Lash Thickening and Lengthening Mascara

For those who want it all! Get well-defined, longer looking lashes with buildable volume!



Jane Iredale Longest Lash thickening and lengthening mascara is designed to make lashes appear longer and thicker for gorgeous, look-at-me lashes!

This month, **take 20% off** Jane Iredale Longest Lash Thickening and Lengthening Mascara!

NEW YEAR, NEW TRENDS

Matte Red Lips- This year, opt for a matte lipstick in a bright red hue, such as our **Serenity Lipstick in Regal Red** for a classic yet vivacious look!

Full Brows - Get defined, dramatic brows with our **Arch Addicts Brow Pencils** that will have all eyes on you.

Pop of Color - Add a little color to your life! Try a colorful eye with our **Jane Iredale Eyeshadows** or a vibrant lip with our **Jane Iredale Lip Stains** for a fun way to start off the new year!

Winged Liner - Go glam this year with our **Jane Iredale Liquid Eyeliner**, which gives you a precise line and all-day staying power!

To help complete your perfect new look, take **20% off** these new year **must-have products!**



Makeup Consultations

Liquid? Powder? Primer? Color?

Let our expert makeup artists help you find your ideal makeup must-haves!

30 Minute Consultation/Lesson \$30

LASHES & BROWS

Product Spotlight...

Brow Henna

Henna is a natural plant pigment from the Hina tree.

Commonly used in India, Arabia, the Middle East, and Asia to dye hair and skin, as well as fabrics such as silk, wool and leather.



Brow Henna will dye eyebrow hairs as well as leave a stain on the skin underneath the brows, giving the brow a fuller, filled-in look. The color can stain the skin for 2-3 weeks and remains on the hair for 4-6 weeks.

Say goodbye to your brow pencils and powders!



Monthly Specials

“I woke up like this”

Save \$20
when you
book a **new**
full set of
lashes and
brow henna
together!



Let yourself sleep in every day by eliminating time from your morning routine.
Imagine, not having to fill in your brows or put on mascara before starting your day!



*Look
fabulous
from the
second your
feet touch
the floor!*

MASSAGE SPECIALS

Wellness Spotlight...

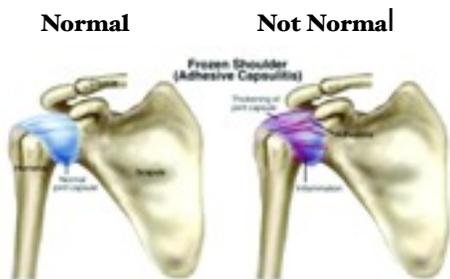
What is Frozen Shoulder?

It is acute inflammation of the shoulder joint that typically causes pain, swelling, stiffness and limitation of movement.

The shoulder is a ball and socket joint that moves in more directions than any other joint in the body, but this also makes it more vulnerable to irritation and injury. This condition can last 9-12 months if gone untreated!

How do you treat frozen shoulder?

Massage can be very helpful in breaking up the scar tissue that has formed around the joint and the muscles that support the shoulder. Adding it to the normal treatments the md prescribes of anti-inflammatories and PT stretches can help you regain mobility in less time.



Monthly Specials

We hope you received a massage (or two) for Christmas!

Make them extra special by **extending** any **60 minute massage to 75 minutes for \$15** this month only!

Must be done at time of booking

Couples Serenity Signature Massages are 25% off this month!

Can not be combined with any other offer.

Employee Spotlight: Dee Long

Meet Dee! Dee Long is a 2016 Graduate of The Salter School of Massage in Tewksbury, Ma. Dee has been a Massage Therapist at Serenity since 2017. Dee is educated in



Neuromuscular Trigger Point Release Technique in addition to Deep Tissue, Swedish, Hot Stone, Sports, and Prenatal Massages. He has been a great addition to the Serenity family and has had rave reviews from our clients. Dee has now added some Saturdays to his schedule at Serenity to accommodate his clients' requests!

Receive 20% off when you book any 90 Minute Massage with Dee this month!

THE YOGA SPA

Wellness Spotlight

What is Aromatherapy?

Aromatherapy is the art and science of using essential oils, the aromatic extracts of plants and flowers, to maintain health in the body

Essential oils work two ways, through our **sense of smell and skin absorption**.

When we **smell** a fragrance, messages go directly limbic system which is the seat of emotions.... certain smells can trigger certain emotions.

When we use essential oils on the **skin** they get absorbed directed into our bloodstream and can effect all our body systems that way.



The
Yoga Spa

theyogapaatserenity.com

Monthly Specials

Aroma Flow Yoga Night
Friday, January 25, 2019

We will be teaching the basics of Aromatherapy. Then we will pick out some essential oils to diffuse while Matt moves you through a relaxing yoga sequence. At the end of the class you will be able to create your own essential oil blend to take home!

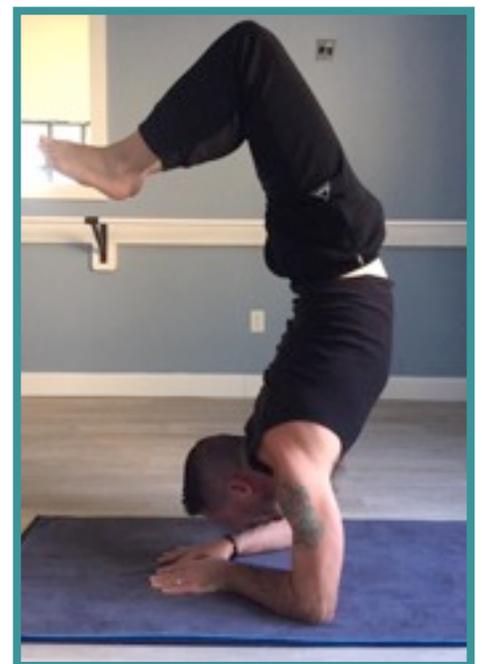
Visit theyogapaatserenity.com to sign up!

Pose of the Month

Scorpion Pose

Benefits of the pose are:

- Increased blood flow to the brain
- Alleviates Varicose Veins
- Tones the reproductive organs
- Stretches and loosens the muscles of the back and spine



SERENITY BRIDES

Beauty Boot Camp



Coming Soon

Get ready to say “I Do” with our **3,6,9, and 12+ month customized treatment plans!**

Please see one of our aestheticians to create the perfect plan for you!



**New* Bridal Packages*

Bridal Glow -

HydraFacial
CooLifting Treatment
Body Polish Treatment
\$360 (reg \$425)

Beautiful Bride-

Serenity Signature Blowout
Serenity Signature Pedicure
Serenity Signature Manicure
Lash Lift & Tint
Brow Shaping/Tint
\$275 (reg \$325)

Bridal Bliss -

Customized Clinical Facial
60 Minute Swedish Massage
Hydrotherapy Pedicure
Shellac Manicure
Serenity Signature Blowout
\$300 (reg \$350)

Girls Night Out -

Express Pedicure
Classic Manicure
Serenity Signature Blowout
Makeup Application w/ Lashes
\$165 (reg \$195)

The Honeymoon -

Full Leg Wax
Bikini/Brazilian Wax
Hydrotherapy Pedicure
Shellac Manicure
Spray Tan
\$225 (reg \$265)

Newlyweds -

Couples 60 Minute Swedish
Massages
Couples European Enzyme
Facials
Couples Pedicures
\$375 (reg \$440)

Groom The Groom -

Men's Manicure
Men's Pedicure
Executive Cut/Beard Clean-Up
\$85 (reg \$100)

Grooms Day -

Masculine Facial
60 Minute Deep Tissue
Massage
Men's Manicure
Men's Pedicure
Nose, Ear, or Brow Wax
\$230 (reg \$270)

Bridal Party Sip & Soak

Must have a party of 4 or more
Hydrotherapy Pedicure
Shellac Manicure
complimentary cocktails
\$75/person (reg \$85)

Bridal Party Pampering-

Upper Body Massage
Mini Facial
Express Pedicure
Classic Manicure
\$155/person (reg \$185)



What's Coming Next Month?

Contact Information

Serenity Spa & Salon
315 Middlesex Road, Suite 1
Tyngsboro, MA 01879
978-649-0970
serenityspa315@yahoo.com
www.serenityspaandsalon.com

Hours

Monday, Wednesday

9:00 am - 8:00 pm

Tuesday, Thursday

9:00 AM - 9:00 PM

Friday

9:00 AM - 5:00 PM

Saturday

9:00 am - 4:00 pm

Find us on Social Media

Instagram:
@Serenityspaandsalon
Facebook:
Serenity Spa and Salon

Valentine's Day Specials

The Perfect Escape \$160

Delight in a European enzyme facial followed by a luxurious one-hour Swedish massage.

Relax & Renew \$220

Relax with a European enzyme facial and a one-hour Swedish massage. Renew with a manicure and hydrotherapy pedicure.

Be Mine \$105

Spoil her with a classic manicure and hydrotherapy pedicure followed by a customized wash, cut, and style.

Queen For A Day \$130

Indulge her with a hot stone massage and a wash, cut, and style. She'll leave feeling like a queen.

King For A Day \$110

He'll start his visit with a one hour deep tissue massage and complete his experience with an up-to-date haircut.

COUPLES PACKAGE

Couples Hot Stone Massage & Chocolate Pedicure

\$300

(services are for 2)