



SERENITY Now

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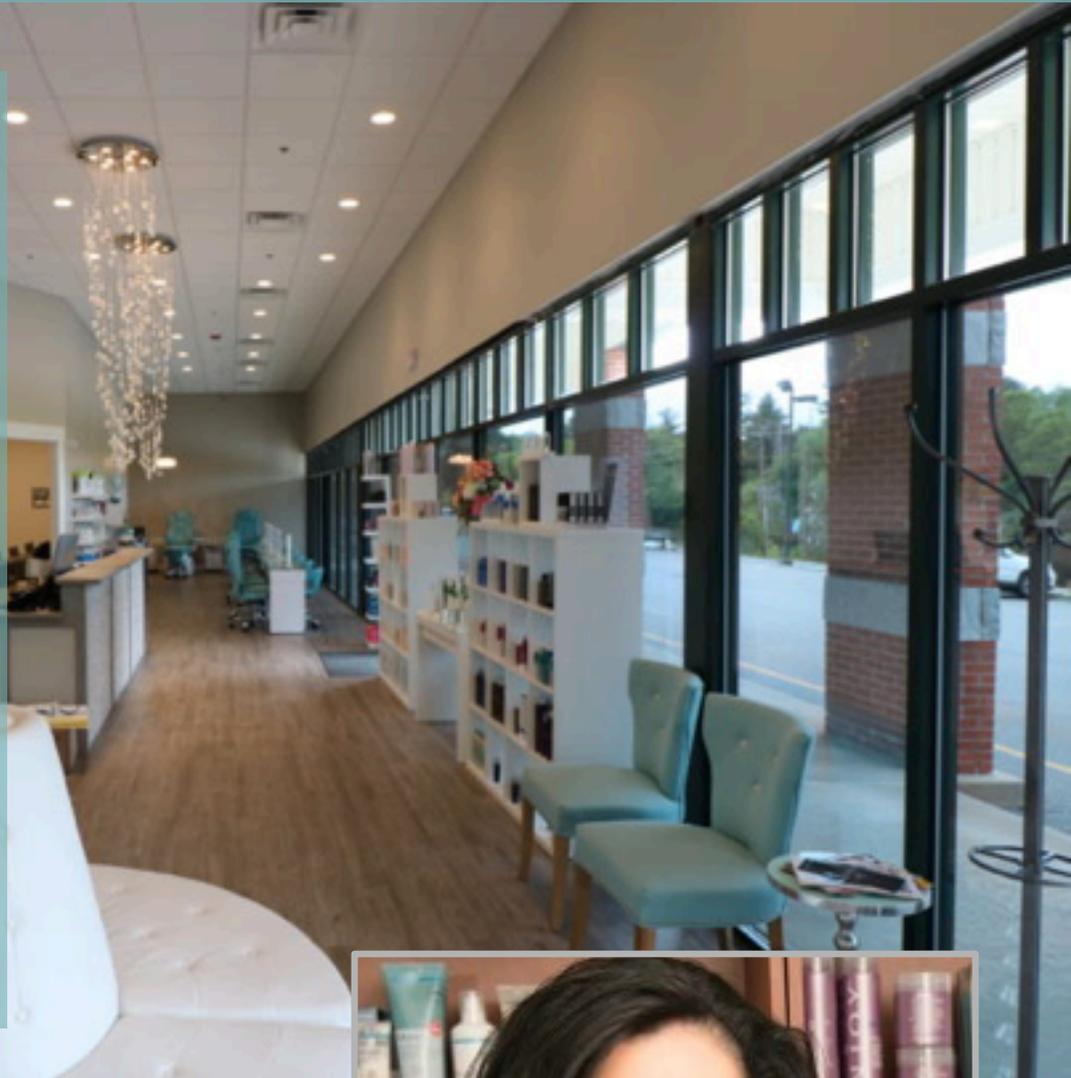


Photo by Tim Buxton

Black Friday Specials!

Start your holiday shopping with a little Serenity!

7:00 AM - 9:00 AM only

25% off all gift certificates and retail products!

Cyber Monday Special!

15% off all online gift certificates!

*Due to high volume we cannot accept any pre-orders or phone orders. Offers can not be combined with any other discount.



"There's nothing more powerful than making people look and feel beautiful..."

HANDS & FEET

Product Spotlight...

With the change of the seasons, hands will start to become dry and cracked! Use a Hand Lotion every day to prevent this from happening!



This month, take **20% off** all **CND lotions!**



Monthly Specials

Indulge in our Seasonal **Pumpkin Pedicure** featuring our Pumpkin Martini!

\$65.00

Plus, receive a **FREE** Pedi Slipper!

**while supplies last*

Did You Know? Mild exfoliation 1-2x a week can rejuvenate your hands and keep them looking younger longer!

Add a **Farm Fresh Scrub Treatment** to any manicure for **\$5**

EMPLOYEE SPOTLIGHT: ASHLEY M



Ashley has been a part of the Serenity team since she graduated from Lowell Hair Academy in 2013. She has a keen eye for detail and strives to help her clients maintain both beautiful hands and feet.

The best part of Ashley's job is when someone comes to her less than confident about the state of their hands or feet and is able to leave happy with the results of their service!

HAIR SPECIALS

Product Special



Customize your home maintenance with **3 or more products** and receive **25% off!**

See one of our stylists to find out which products are the best for your hair!

discount cannot be combined with any other special or promotion.

Education

Our stylists recently took part in a Fall Color and Style class to keep up on the latest trends and newest techniques! They learned new ways to deepen that faded summer hair with rich and vibrant multi-tonal finish.

Know Your Shampoo...

While many people purchase their haircare products from drugstores and supermarkets, very few people actually know what's in them and the affects they have on their hair.

Although salon-quality products tend to be on the pricier side, they are very highly concentrated and contain high-quality ingredients, including vitamins, natural oils, and minerals that truly nourish and hydrate the hair.

On the other hand, their drugstore counterparts contain fillers including sodium chloride, petroleum, parabens, and sulfates, which sit on the hair and form a waxy buildup.

While you may save a few dollars on drugstore products, the salon products contain the quality ingredients that will truly cleanse and nourish your hair.

EMPLOYEE SPOTLIGHT: TIM PYRCZ



Meet Tim! Tim has been a hairstylist for the past 13 years and is a valued member of the Serenity team! Tim is always staying up-to-date on the newest trends and techniques and believes that continuing education is vital in this industry.

Tim has a love for reds and coppers, as well as balayage, which he believes is a great way to add dimension and movement to the hair without the upkeep of a traditional color!

MASSAGE SPECIALS

Wellness Spotlight...

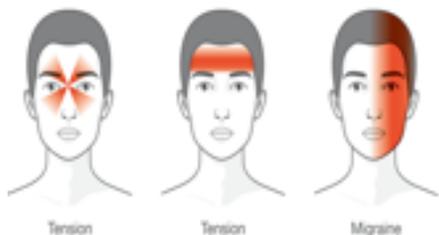
What is the difference between a migraine and tension headache?

Migraine pain has a throbbing quality and is usually one sided. Any physical exertion usually makes it feel worse.

Tension headache pain tends to be more chronic. People describe the pain as band-like tightness or pressure.

Massage can help alleviate the pain from both of these ailments. By relaxing the muscles of your neck, head and shoulders, it can even lessen the occurrence of these headaches.

Self-Care Tip: Never put heat on a migraine! Doing this opens the blood vessels to your head, causing your head to pound more. Instead, use ice. Placing ice packs on the forehead or back of the head causes a numbing effect, dulling the pain and restricting the blood flow to the head.



Monthly Specials

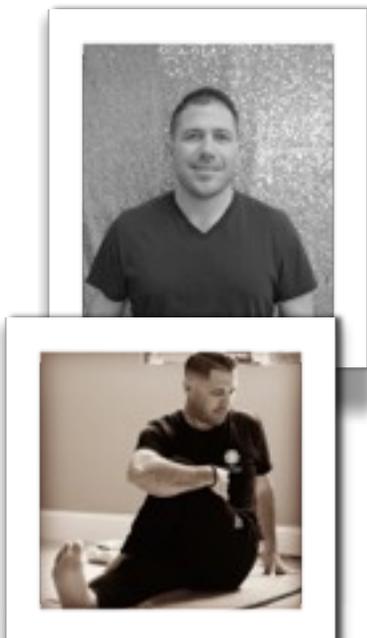
Headache Blend Essential Oils
20% off this month!

Add Warm Stones or a **Moroccan Oil Scalp Treatment** to any massage.
\$15 (reg \$20)

Coming in December...

Stay tuned for a **Wellness Night** featuring The Yoga Spa and our new services in the massage department! See The Yoga Spa page for more details!

Employee Spotlight: **MATTHEW FENOCHETTI**



Meet Mat! Mat has been a massage therapist since 2001 and is one of Serenity Spa and Salon's original Staff Members! Combining his extensive knowledge as a professional body worker with his experience as a yoga practitioner, Mat has created a unique approach to his massage practice.

This past spring **The Yoga Spa** was brought to life! With the goal of ultimate relaxation in mind, yoga and wellness classes were the perfect addition to Serenity's ever-growing list of luxury spa services.

Wellness Package

Receive a private **30-minute yoga session** and **60 minute customized aromatherapy massage** for **\$99!**

THE YOGA SPA

Wellness Spotlight...

Benefits of Yoga

- Improves Flexibility-
- Builds Strength-
- Increases Muscle Tone and Definition-
- Improves Balance-
- Supports Joint Health-
- Prevents Back Pain-
- Fosters Mental Calmness-
- Reduces Stress-
- Prevents Back Pain-



Monthly Specials

\$40 for a **5 Class Pass**

\$45 for a **Private Yoga Class**

Free Saturday Morning classes all month long!



Department News: Wellness Night

Come join us for a **Wellness Night at Serenity** sponsored by the Massage Department and the Yoga Spa at Serenity!

When: December 5th 5-8 PM

Where: The Yoga Spa at Serenity

Join us for a night of complimentary demonstrations of all things wellness at **Serenity** and **The Yoga Spa!**

Special discounts on **Massage and Yoga Services** will be available to attendees!

Check our Facebook page later this month for more details, including how to sign up for this amazing event!

MAKEUP SPECIALS

Product Spotlight...

Jane Iredale LipDrink Lip Balm

Winter is on its way and with it comes cold, dry air, leaving our lips cracked and chapped; however, this can be prevented!



Jane Iredale LipDrink lip balm truly is a drink for your lips, keeping them soft and hydrated!

This month, **take 20% off** all Jane Iredale LipDrink Lip Balms!

Available in 4 subtle shades.

HOLIDAY MAKEUP LOOKS

Bright, Bold Lips - This holiday season, opt for a **Serenity Lipstick** in a bold color, such as scarlet, cranberry, or plum, for a statement-making look.

Full Brows - Get defined, dramatic brows with our **Arch Addicts Brow Pencils** that will have all eyes on you.

Beautiful Blush - Fake a healthy flush all winter long with a **Jane Iredale Blush**.

Winged Liner - Go glam for that holiday party with our **Jane Iredale Liquid Eyeliner**.

To help complete your perfect holiday look, take **20% off all makeup** this month!



Makeup Consultations

Liquid? Powder? Primer? Color?

Let our expert makeup artists help you find your ideal makeup must-haves!

30 Minute Consultation/Lesson \$30

SERENITY BRIDES

Beauty Boot Camp



Coming Soon

Get ready to say “I Do” with our **3,6,9, and 12+ month customized treatment plans!**

Please see one of our aestheticians to create the perfect plan for you!



**New* Bridal Packages*

Bridal Glow -

HydraFacial
CooLifting Treatment
Body Polish Treatment
\$360 (reg \$425)

Beautiful Bride-

Serenity Signature Blowout
Serenity Signature Pedicure
Serenity Signature Manicure
Lash Lift & Tint
Brow Shaping/Tint
\$275 (reg \$325)

Bridal Bliss -

Customized Clinical Facial
60 Minute Swedish Massage
Hydrotherapy Pedicure
Shellac Manicure
Serenity Signature Blowout
\$300 (reg \$350)

Girls Night Out -

Express Pedicure
Classic Manicure
Serenity Signature Blowout
Makeup Application w/ Lashes
\$165 (reg \$195)

The Honeymoon -

Full Leg Wax
Bikini/Brazilian Wax
Hydrotherapy Pedicure
Shellac Manicure
Spray Tan
\$225 (reg \$265)

Newlyweds -

Couples 60 Minute Swedish
Massages
Couples European Enzyme
Facials
Couples Pedicures
\$375 (reg \$440)

Groom The Groom -

Men's Manicure
Men's Pedicure
Executive Cut/Beard Clean-Up
\$85 (reg \$100)

Grooms Day -

Masculine Facial
60 Minute Deep Tissue
Massage
Men's Manicure
Men's Pedicure
Nose, Ear, or Brow Wax
\$230 (reg \$270)

Bridal Party Sip & Soak

Must have a party of 4 or more
Hydrotherapy Pedicure
Shellac Manicure
complimentary cocktails
\$75/person (reg \$85)

Bridal Party Pampering-

Upper Body Massage
Mini Facial
Express Pedicure
Classic Manicure
\$155/person (reg \$185)

LASHES & BROWS

Product Spotlight...

Brow Henna

Henna is a natural plant pigment from the Hina tree.

Commonly used in India, Arabia, the Middle East, and Asia to dye hair and skin, as well as fabrics such as silk, wool and leather.



Brow Henna will dye eyebrow hairs as well as leave a stain on the skin underneath the brows, giving the brow a fuller, filled-in look. The color can stain the skin for 2-3 weeks and remains on the hair for 4-6 weeks.

Say goodbye to your brow pencils and powders!



Monthly Specials

“I woke up like this”

Save \$20
when you
book a **new**
full set of
lashes and
brow henna
together!



Let yourself sleep in every day by eliminating time from your morning routine.
Imagine, not having to fill in your brows or put on mascara before starting your day!



*Look
fabulous
from the
second your
feet touch
the floor!*

SKIN SPECIALS

Product Spotlight...

Jan Marini Pumpkin Spice Holiday Exfoliator

This pumpkin spice exfoliator is filled with enzymes and glycolic acid, created to gently break down dead skin cells, leaving skin soft and glowing. Supplies are limited!



Pro Tip

Wonder why your eyes are still puffy and irritated even though allergy season is over? Being inside more often this time of year enhances indoor allergies from the forced hot air.

Dust, mold, and pet dander are among the biggest indoor allergies!

Try one of our **Eye Treatments** to soothe puffy, irritated eyes!

Monthly Specials

Alleviate those puffy eyes with our **Tired Eye Treatment!**

This firming mask has hyaluronic acid to soothe wrinkles and plump up the soft tissue while soothing and refreshing the eye area.



Add a **Tired Eye Treatment** to any facial!
\$10 (reg \$25)

Employee Spotlight: Angela Faldetta Downy



Meet Angela! Angela is a 2002 graduate of Catherine Hinds Institute and has been employed for 16 years as a Master Esthetician! She specializes in age management and acne management and is skilled in Laser Hair Removal, waxing, chemical peels, clinical facials, and dermaplaning. She is passionate about what she does and looks forward to working together to achieve your skincare goals!

Add dermaplaning to any facial with Angela this month!

\$30 (reg \$50)



Next Month...

Contact Information

Serenity Spa & Salon
315 Middlesex Road, Suite 1
Tyngsboro, MA 01879
978-649-0970
serenityspa315@yahoo.com
www.serenityspaandsalon.com

Hours

Monday, Wednesday

9:00 am - 8:00 pm

Tuesday, Thursday

9:00 AM - 9:00 PM

Friday

9:00 AM - 5:00 PM

Saturday

9:00 am - 4:00 pm

Find us on Social Media

Instagram:

@Serenityspaandsalon

Facebook:

Serenity Spa and Salon

December Gift Certificate Specials

*Purchase any massage, receive 2nd identical massage at 1/2 price.

*Purchase any facial, receive 2nd identical facial at 1/2 price.

The Perfect Escape \$160

Delight in a European enzyme facial followed by a luxurious one-hour Swedish massage.

Relax & Renew \$220

Relax with a European enzyme facial and a one-hour Swedish massage. Renew with a classic manicure and hydrotherapy pedicure.

Serenity Signature Experience \$425

Experience the difference. Enjoy a day of pure luxury. Drift away with our 90-minute signature massage and customized signature facial before indulging in our signature pedicure and manicure. A nutritious Spa Lunch is included.

Extended Holiday Hours

Serenity will be open **Sunday, December 23rd**, from **10-2 PM** for **services and gift certificates!**

Serenity will be closed **Tuesday, December 25th**, and **Wednesday, December 26th**. We will reopen for normal business hours **Thursday, December 27th**.