

# Serenity Now

## October Pedicure Special

### *Spiced Cider Pedicure*



Say hello to fall! Enjoy an aromatic foot bath with scents of spiced cider while we care for those nails and cuticles. A vigorous exfoliation is followed by more targeted foot smoothing, especially around the heel and other problematic areas. Then, settle back and make yourself comfortable for a relaxing foot and leg massage. We end with your choice of polish color.

Includes Complimentary Beverage \$65

**Express add on Treatments:**

Glycolic callus eliminator \$20

Hot Stones \$15

Warm Paraffin booties \$15

---

## **BOTOX NIGHT, TUESDAY, NOVEMBER 1ST**

Look your best, just in time for the holiday season!

Dr. Seth Kates will be providing a special Botox night for our valued clients on  
**Tuesday, November 1st, from 6:00-8:00 p.m.**

Consultations are always free!

Please call 978-649-0970 to schedule your appointment



---

# Girls' Night Out

*benefiting breast cancer research*

**October 14th & October 21st**

**4 p.m. - 8 p.m.**

**(while appointments last)**

Enjoy complimentary refreshments &  
Receive 20% off the following services:

Pink Hair Extensions

Shampoo-Styles

Makeup Application

Mini European Facials

Nail Services

**-Event only Retail Special-**

*Take 20% off all retail products*

(excludes MD line)

**All proceeds will be donated to the LGH Cancer Center**

*Wear pink to your appointment & receive a fun sample bag!*



---

## IPL PHOTOFACIALS

IPL (Intense Pulsed Light) Photorejuvenation, also known as a “photofacial,” is a treatment that delivers broadband light to the deeper layers of the skin, resulting in a clearer, more youthful look.

Photorejuvenation is a safe and effective way to improve the appearance of sun damage, age spots, birth marks, rosacea, red spots, facial spider veins, and other blemishes on the face. IPL treatments can also be done on the neck, chest, and hands.



### October Series Special

Purchase a series of **3** photofacial treatments for **\$700**  
(regularly \$1200)

Neck, chest, or hand treatments can be added to your treatments for an additional fee.

---

## HAPPY BIRTHDAY FROM SERENITY!

We want to wish a Happy Birthday to our loyal clients whose birthdays are in October! To show our appreciation, please accept our gift of **20% off** any one service, valid during your birthday month!

Lyndsay Angell  
Michelle Bajdek  
Jean Barker  
Jean Barowski  
Cassie Behr  
Lynn Belliveau  
Mary Liz Bilodeau  
Sydney Boncoddo  
Michael Britton  
Toni Brogan  
Katie Brooks  
Jennifer Brown  
Sylvie Cannistraro  
Diane Consoli

Ann Marie Crafts  
Amanda Curtis  
Cilena Daigle  
Natana Delong-Bas  
Shannon Fisher  
Holly Fleury  
Phyllis Fortin  
Mimi Giammarino  
Amy Groden-Morrison  
Nina Heng  
Alisyn Hoole  
Wendy Hopkins  
Joanne Jusseaume

Nicole Kruse  
Fernanda Lopes  
Robin Luttig  
Diane Lynch  
Sara Macdonald  
Donna Milinazzo  
Samantha Nowakowski  
Kt Paul  
Ashling Perham  
Christine Phillips  
Erin Raney  
Melanie Sierra  
Michelle St. Germain

Kate Stamm  
Suzan Sullivan  
Tabitha Taby  
Danielle Tuck  
Sarah Ubele  
Cheryl Walpole  
Elizabeth Ward  
Joe Ward  
Kathy Woods  
Jill Worthen



---

# Model Call

Our amazing assistants, Brianna and Dakota, are ready to put all of their newly learned skills to work!



As a part of our training program, we are offering full hair services at a discounted price to allow the girls to gain experience and confidence in all aspects of their careers!

- \*Fully licensed with over 2500 hours of education
- \*Completed continuing education classes
- \*Working under the supervision of our Master Stylists

**50% Off Regular Prices**

Brianna & Dakota are now booking for select days & times.  
Please call to schedule your appointment.

978-649-0970

---

---

# CUPPING THERAPY

**Did the recent Olympic Games spark your interest? Were you wondering what those dark circles were on the backs of Michael Phelps and other athletes?**

Cupping is a therapeutic modality used to treat and prevent disease. This therapy uses jars which are attached to the skin surface through vacuum pressure causing a local congestion. This form of stimulation warms and promotes circulation of energy and blood, expels pathogens, detoxifies the body, and disperses swelling and pain.

Cupping can be used to treat such ailments as trauma, arthritis, digestive disorders, headache, the common cold, cough, backache, and more.

Cupping gives tissues a superb massage. Sometimes, the cups may be moved to provide an extensive form of massage and skin stimulation.

**Massage Cupping Therapy can be used in a variety of applications such as:**

- Releasing tight, contracted muscle tissue
- Pain reduction
- Joint mobilization
- Lymph drainage
- Detoxification- movement of stagnation
- Scar reduction
- Cellulite reduction
- Skin toning and firming
- Assisting with weight loss programs
- Athletic performance enhancement
- Pre and post-operative therapy to shorten recovery time and enhance surgical results.



## **Cupping Rates:**

Target Treatment 30 min... \$65.00

Full Body Cupping Massage 60 min... \$125.00

Cupping for Cellulite Reduction... free consultation

---

---

# MICRO-NEEDLING



We are proud to offer the Eclipse MicroPen, which has quickly become Hollywood's most popular anti-aging treatment.

Call to schedule a custom consultation to determine what treatment is best for you.

Automated Micro-Needling is a new innovation in aesthetic medicine for the treatment of the appearance of fine lines, acne scars, and the improvement of the skin's texture, tone, and color. During this procedure, the Eclipse MicroPen is used to create controlled micro-injuries to the skin in order to aid in the production of collagen and elastin. The skin's repair process results in a thicker epidermis with a softer appearance of wrinkles.

## **This treatment is great for:**

- fine lines or moderate wrinkles
  - moderate skin laxity
  - crepey under the eye area
  - diminished texture, tone, color
  - stretch marks
  - acne scars
  - traumatic scars
  - photo aging
  - hyperpigmentation, dark spots, melasma
  - minimize pore size
  - treats Alopecia (combined with PRP)
-

---

# JAN MARINI CHEMICAL PEELS

Jan Marini Skin Research developed the Marini Peel Systems to deliver unparalleled results to individuals seeking more aggressive treatments for primary skin concerns, such as anti-aging, sun-damage, skin discoloration and acne in a minimal number of treatments. Results show dramatic improvement in 1-3 treatments with consistently high satisfaction levels.

The systems include:

- **Refine Peel** – Best for overall skin rejuvenation with minimal downtime and peeling.
- **Clarify Peel (MD only)** – Best for acne, acne scarring and darker skin.
- **Transform Peel (MD only)**– The most aggressive peel, addresses pigmentation, sun-damage and skin rejuvenation.

## **Benefits:**

- Excellent for overall skin rejuvenation to address fine lines and wrinkles, mild acne and light pigmentation.
- Retinol Activator enhances results and jumpstarts the healing process by delivering retinol and beneficial peptides and antioxidants to the skin.
- Recommended as a series of three peels approximately 3 to 4 weeks apart for most dramatic results.
- Skin appears noticeably firmer, brighter, softer and more supple.
- Enhances the results of JMSR's home skin care products.



## **On special this month:**

**Refine & Clarify Peels \$130.00** per treatment  
(regularly \$150.00)

**Transformation Peel \$230.00** per treatment  
(regularly \$250.00)

---

## NOVALASH EYELASH EXTENSIONS

NovaLash eyelash extensions are a convenient, practical, and glamorous way to extend the length and thickness of natural eyelashes without the daily use of mascara or the nightly removal of false lashes. NovaLash eyelash extensions are bonded to each individual lash for beautiful, natural results.

NovaLash extensions can be worn throughout the year with minimal monthly maintenance. Touch-ups are recommended to fill in lashes that have cycled out every 2-5 weeks.

**Full set of lashes** ~~\$295.00~~ **Special \$147.50**

**1/2 set of lashes** ~~\$160.00~~ **Special \$80**

**Fills: 2-3 weeks** \$65

**3-5 weeks** \$100



---

## LASER HAIR REMOVAL TREATMENTS

We specialize in performing pulsed-light laser procedures, including Permanent Hair Reduction. Our licensed pulsed-light laser technicians offer our procedures based upon a complimentary consultation and a client's individual needs. All treatments are comfortable, safe, non-invasive and require little or no recovery time.

**All laser treatments 50% off this month!**

Ever wanted to try laser hair removal? Receive **1 underarm treatment** for free!

---

### WHAT IS DERMAPLANING?

Dermaplaning is a safe and simple procedure that provides a deep exfoliation of the skin and removes "peach fuzz" from the face. The treatment is done using a scalpel to softly shave off the dead layers of skin while unclogging dirt and debris that can get trapped in the pores and small hairs on the face. This treatment gets rid of the dull layer of skin, leaving you with a refined, smooth, and glowing complexion. More benefits include longer lasting makeup applications and better product absorption, allowing you to use less product over a longer period of time. Ward off the dry skin season with this treatment and reap the rewards of smooth, radiant skin!

**Treatment only- \$75**

**Treatment w/ Facial- \$125**

---

### KEEP THAT SUMMER GLOW WITH SPRAY TAN

Keep that summer glow all year round with our customized spray tans!

Each tan is custom-blended to find the perfect shade for your skin type. Our tans are natural-looking and long-lasting, with even coverage and a fast drying formula. They are also all natural, organic, and hypoallergenic, as well as oil and fragrance free.

Typically, tans last from 7-10 days. Extend the life of your tan with our Home Care products!

**Single tan ~~\$40~~ \$35**

**Buy 5 tans, get 1 FREE!**

---



### REMINDER: CANCELLATION POLICY

Because your services are personally reserved for you, we ask that you notify us at least 24 hours in advance if you need to cancel or reschedule. Any cancellations made with less than 24 hours notice will result in a charge of 50% of the services. Day packages require a 48-hour notice of change or cancellation. No shows are charged at full price of service. A credit card or gift certificate number is required to reserve appointments.

---

## **\*NEW\* LASH LIFTING**



Ditch the lash curler & mascara! In just 20 minutes, you can have lifted lashes that appear longer and fuller.

Lash lifting is a comfortable treatment (lasting anywhere from 6-12 weeks) that makes natural lashes appear longer & is a great alternative to eyelash extensions.

**\$50 (regularly \$75)**

Get a more dramatic, glamorous result with an eyelash tint!

**(add on to treatment for \$25)**

## **SERENITY IS EXPANDING**

We are excited to announce that Serenity Spa & Salon will be expanding!

Stay tuned for more details on our 7500 sq. foot, state-of-the-art spa and salon facilities!

### **Contact Information**

Serenity Spa & Salon  
315 Middlesex Road, Suite 1  
Tyngsboro, MA 01879

Phone 978-649-0970 or  
978-649-0971

E-Mail:  
serenityspa315@yahoo.com  
[www.serenityspaandsalon.com](http://www.serenityspaandsalon.com)

### **Spa & Salon Hours**

Monday - Friday 9:00 am -  
8:00 pm

Saturday 9:00 am - 4:00 pm

### **FIND US ON SOCIAL MEDIA**

Find us on Facebook, Twitter and Instagram for before & after photos, daily deals, inspiration, and more!

**Twitter:** @serenitysalon

**Instagram:**  
Serenityspaandsalon

**Facebook:**  
Serenity Spa and Salon

### **INSTANT GIFT CERTIFICATES**

Shop online for any occasion with instant Serenity Spa & Salon gift certificates!

Design and personalize your gift certificate, preview it, and then send or print it immediately! It's fast and easy!